



Free Meal Schedule - East Hawaii

Day	Time	Type of Meal	Location
Monday	12-1pm	Lunch	Salvation Army 219 Ponahawai Street 935-1277
	5:30-6:30pm	Dinner	** Glad Tidings 116 Kapiolani Street 961-0616
Tuesday	6:00-7:30am	Breakfast	* Under His Wings Ministry closed 1st week of every month 183 Keawe Street 969-3094
	5:30pm	Dinner	Peanut Butter Ministry Hilo United Methodist Church 374 Waianuenue Avenue 935-2144
Wednesday	12-1pm	Lunch	Salvation Army
Thursday	6:00-7:30am	Breakfast	* Under His Wings Ministry 183 Keawe Street 969-3094
	5:30pm	Dinner	Hilo United Methodist Church 374 Waianuenue Avenue 935-2144
Friday	12-1pm	Lunch	Salvation Army 219 Ponahawai Street 935-1277
Last Friday	3pm	Dinner	Da Poi Bowl Pahoia Community Ctr Gwen - 965-2712
Saturday	7-8am	Breakfast	* Under His Wings Ministry
Sunday	7-8:30am	Breakfast	Mo`oheau Bandstand - Hilo The Church of God Prophecy 982-7481
	4-5pm	Dinner	Same as Above
	5-6pm	Dinner	Salvation Army - Lanai 219 Ponahawai Street 935-1277

Under His Wings Ministry: Closed the 1st Full Week of Every Month.

*Shower- Mon. thru Fri. 8-11am @ Under His Wings

**Showers- Mon. 4:30pm @Glad Tidings



Food Pantries - East Hawaii

Date/Time	Location	Requirements	Contact Info.
Monday 12-4pm	St. Joseph's Catholic Church 43 Kapiolani Street	Picture ID	935-1465
Tuesday 11:30am-1pm Closed 2nd week of each month	Glad Tidings 116 Kapiolani Street	Picture ID SScard	961-0616
Wednesday 8-10am Closed 1st week of each month OutReach 12-4pm	Under His Wings 183 Keawe Street Hilo Light House Outreach 830-C Kilauea Ave. Malia Puka O Kalani 326 Desha Avenue	Picture ID Picture ID	969-3094 557-5105 935-9338
Thursday 9:30am-11am OutReach Call please	Living Waters 89 Maikai Street (behind kawate) Hilo LightHouse 830-C Kilauea Ave.		965-2664 <u>CALL FIRST</u> 1-866-776-1715
Friday 8:30-11:30am 9am-12pm	Salvation Army 219 Ponahawai Street (1st 25 clients only!) World Harvest Pentecostal Church 69 Waianuenue Ave.	Picture ID SScard Proof of Income	CALL AHEAD 935-1277 966-8347
Last Saturday of each month 9-10am	New Hope 840 Kupulau Road	Picture ID	CALL AHEAD 935-7700



Food Pantries - Puna

Date/Time	Location	Requirements	Contact Info.
Wednesday 4:30-5:30pm *Closed 1st Week of each month	Church of the Nazarene 15-1839 Uhaloa (32nd between Paradise & Makuu)	Picture ID for everyone in th household that us applying for benefits and proof of income	Malia/Mary 982-5177
Thursday 12-1pm Last Thursday of Month 9am-12pm (For Puna residents only)	Puna Baptist Church 15-2773 La`au Way-Pahoa Kurtistown Assembly of God (Mile 10.5 HWY 11)	CALL AHEAD to arrange time & place for pick up CALL AHEAD Picture ID	Keriann 965-9970 Alika 895-8045
Last Friday of the Month 3pm-5pm	Da Poi Bowl Pahoa Community Ctr		Gwen 965-2712
ON CALL PANTRY (Call if you need food @ any other times)			
Monday 1:15-2pm	Grace Baptist		Terrie 966-6998
Tuesday 11am-4pm	Malu `Aina (usually once a month)		Jim 966-7622
Wednesday - Saturday 8am-12pm	Malu `Aina (usually once a month)		Jim 966-7622
CALL FOR INFO	King's Fellowship	ID	959-3153



Free Meal Schedule - Hamakua

Date/Time	Location	Requirements	Contact Info.
Tuesday 9am-12pm	The Salvation Army - Honoka`a Corner of Mamane St. & Richard Pl.		775-7346
Wednesday 9am-12pm 1:30-2:30pm	The Salvation Army - Honoka`a Corner of Mamane St. & Richard Pl. St. Anthony's 35-2095 Old Mamalahoa Hwy Laupahoehoe	Picture ID & Proof of Income	775-7346 962-6538
Thursday 11am-12pm (Excludes 1st two Thurs/Month)	Immaculate Heart of Mary 27-186 Kaapoko Homestead Rd. Papaikou		964-1240
Friday 6:30-8:30pm	Hamakua Coast Assembly of God 28-1104 Old Mamalahoa HWY Pepe`ekeo		964-5888
Sunday 10am-12pm	Hamakua Coast Assembly of God 28-1104 Old Mamalahoa HWY Pepe`ekeo		964-5888



Free Meal Schedule - West Hawaii

Day	Time	Type of Meal	Location
Monday	7-8am	Breakfast	<i>Office for Social Ministry</i> 322-1418 / 933-6041 at The Friendly Place (old industrial area)
	11am-12pm	Lunch	<i>Mokuaikaua Church</i> 329-0655 at The Friendly Place
Tuesday	7-8am	Breakfast	<i>Office for Social Ministry</i> at The Friendly Place
	12-1pm	Lunch	<i>St. Michael's Catholic Church</i> at The Friendly Place
	4:30-6pm	Dinner	Solid Rock Old Airport, north end between skate park and baseball field
Last Tuesday of the month	1-3pm	Lunch	Kahuku community park across St. Jude's Episcopal church
Wednesday	7-8am	Breakfast	<i>OSM Care-A-Van</i> at The Friendly Place, Old Industrial Area
	6-7pm	Dinner	<i>Meet 'n Eat</i> Kealakehe Intermediate School (Cafeteria) Kona Task Force on Feeding the Hungry
Thursday	7-8am	Breakfast	<i>OSM & FSS of West HI</i> at The Friendly Place, Old Industrial Area
	5-6pm	Dinner (Last Thurs of the month)	<i>St. Michael's Franciscan Pantry</i> 326-7771 75-5769 Alii Drive (front parking lot)
Friday	7-8am	Breakfast	<i>Office for Social Ministry</i> at The Friendly Place
	4:30-6pm	Dinner	<i>Solid Rock Ministries</i> Old Airport, North end - between skate park & baseball field
Saturday	6pm	Dinner	<i>Amazing Grace Ministry (Calvary Chapel Kona)</i> Old Airport, North end - between skate park & baseball field
Sunday	8:30am	Breakfast	<i>Amazing Grace Ministry (Calvary Chapel Kona)</i> Old Airport, North end - between skate park & baseball field
	8-9am	Breakfast	<i>The Salvation Army Kona</i> 75-223 Kalani St., Top of Hamburger Hill

*Showers Available Mon. Thru Friday 8-11am
Office for Social Ministry at The Friendly Place



Food Pantries - West Hawaii

Date/Time	Location	Requirements	Contact Info.
Monday 9:15-11:30am & 1:15-3:30pm	Kona Salvation Army 75-223 Kalani Street	Picture ID	326-2330
Tuesday 9:30-11:30am 10-12am 11am-2pm	Annunciation Catholic Church Waimea 65-1235 Rd., Waimea St. Jude's Episcopal Church-Hove Hawaiian Oceanview Estates: Paradise Circle across Kuhuku Community Park (Last Tuesday of the Month) The Salvation Army Kailua-Kona 75-223 Kalani Street Top of Hamburger Hill (only once a month)	Picture ID Picture ID Picture ID	887-1220 929-8472 326-2330
Wednesday 9am-12pm 9am-10am 10:30-12pm 10-11am	The Salvation Army Honoka`a Honoka`a corner of Mamane St. & Richard Pl. Mokuaikaua Church 75-5713 Alii Drive; left of sanctuary - follow stone wall to gate Solid Rock Ministries Luhia Center 1; 75-5606 Luhia St., #B4 Kona Gospel Chapel - Kealakekua above American Savings Bank, Armory Road in Kealakekua; 81-1037 Nani Kupuna Pl.	Picture ID Call by Tues. 4pm Picture ID Birth Certificate (Last Wednesday of The Month)	775-7346 329-0655 327-6543/ 930-0042 <i>Please Call First!</i> 323-3110
Thursday 9:30-11:30am 11am-2pm 2-4pm	New Hope Christian Fellowship - Waimea on Mamalahoa Hwy., across the police station The Salvation Army Kailua-Kona 75-223 Kalani St., top of Hamburger Hill (only once a month) The world ministries-Ka'u behind Community- Center in Na`alehu	Picture ID Picture ID	885-5510 326-2330 936-9114



Food Pantries - West Hawaii

Friday 8-9am <i>(Closed last Friday of month)</i>	St. Michael's Franciscan Pantry 75-5769 Alii Drive (front parking lot)	Picture ID Birth Certificate SSCard	326-7771
8am-10am	St. Benedict's Church - Honaunau 84-5140 Painted Church Rd.	Picture ID	328-2227
Second Saturday of the month	Sacred Heart's Church - Hawi 54-3374 Akoni Pule Hwy.	Picture ID	

ON CALL PANTRIES - WEST HAWAII

(Call if you need food @ any other times)

Date/Time	Location	Offered By:	Contact
Mon. - Fri. 8am - 12pm	95-5649 B Mamalahoa Hwy., Ka`u Across Punaluu Bake Shop	Family Support Services Ka`u Family Center	929-9611
Mon. - Fri. 8am-12pm, 1-5pm	75-127 Lunapule Rd., Ste. 11, Kailua-Kona	Family Support Services Kailua-Kona	334-4159
Tuesday Outreach 9am-12pm	Kamuela, Kawaihae Beach, Waikoloa	Annunciation Church North Hawaii	882-1457
	Ka`u - Next to Rodeo	Thy Word Ministries Ka`u	936-9114
	81-1037 Nani Kupuna Pl.	Kona Gospel Chapel Kealakekua	323-3110